

長江探索號



行程 (上游) ITINERARY (UPSTREAM)

上游(Upstream)

宜昌-巴東-奉節-忠縣-重慶 5日4夜經典之旅

Yichang - Badong - Fengjie - Zhongxian - Chongqing
(4-Night & 5-Day)



宜昌 - 巴東 - 奉節 - 忠縣 - 重慶 5日4夜經典之旅

Yichang - Badong - Fengjie - Zhongxian - Chongqing (4-Night & 5-Day)

第1天/Day 1

宜昌

自行抵達宜昌;機場/火車站 接機/接站,
送往碼頭登船

岸上遊(二選一)

A線:三峽大壩 VIP 行程

B線:屈原祠 & 三峽移民博物館

船上餐飲 晚餐

Yichang

Self-arrival in Yichang; transfer from airport/train station to the pier for embarkation.

Shore Excursions (Choose one of two)

Route A: Three Gorges Dam VIP Tour

Route B: Qu Yuan Temple & Three Gorges Migration Museum

Meal dinner



A 世界規模最大水利樞紐工程 /A Three Gorges Dam VIP Tour

兼具防洪、發電、航運、水資源利用等功能。有效調控長江上游洪水,保障長江中下游平原地區的安全。為華中、華東及華南地區輸送清潔電能。擁有世界最大的船閘和升船機。顯著改善了長江宜昌至重慶段的航運條件,萬噸級船隊可直達重慶。

The World's Largest Water Conservancy Project Combines flood control, power generation, navigation, and water resource utilization. Effectively regulates floods in the upper Yangtze River, ensuring the safety of the middle and lower plains. Transmits clean electricity to Central, East, and South China. Features the world's largest ship locks and ship lift. Significantly improves navigation conditions between Yichang and Chongqing; 10,000-ton fleets can now reach Chongqing directly.



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B 湖北三峽移民博物館/B Hubei Three Gorges Migration Museum

博物館以「世紀壯舉 湖北擔當」為主題，透過八大單元展陳、歷史實物與場景復原，全景再現了三峽移民長達 30 年的「大搬遷、大建設、大發展」輝煌歷程。館內創新設計了水下展廳，還原淹沒的秭歸老城景觀，封存了百萬移民的鄉愁記憶。

The museum, themed "Heroic Feat, Hubei's Commitment," showcases the 30-year journey of the Three Gorges migration through eight display units, historical artifacts, and scene reconstructions. It features an innovative underwater exhibition hall that recreates the submerged landscape of old Zigui, preserving the nostalgic memories of over a million migrants.

第2天/Day 2

游輪將於早間通過「三峽大壩升船機」，後行經西陵峽

巴東

岸上遊(二選一)：

A 線：雨仙谷(無源洞)

B 線：巴東博物館 & 巫峽口

晚間安排：沉浸式演出《千年巴東一夜回》(若遇停演改為游輪上的演出)

餐飲：早、午、晚

Badong

The cruise will pass through the "Three Gorges Dam Ship Lift" in the morning, followed by a sailing through Xiling Gorge.

Shore Excursions (Choose one of two):

Route A: Yuxian Valley (Wuyuan Cave)

Route B: Badong Museum & Wuxia Entrance

Evening Arrangement: Immersive Performance "A Night Back to Thousand-Year Badong" (In case of cancellation, an alternative performance will be held onboard).

Meals: Breakfast, Lunch, dinner



"K" LINE AIR TRAVEL

宜昌 - 巴東 - 奉節 - 忠縣 - 重慶 5日4夜經典之旅 Yichang - Badong - Fengjie - Zhongxian - Chongqing (4-Night & 5-Day)

西陵峽/Xiling Gorge

西陵峽是長江三峽中最長的一段，以「險峻」著稱。這裡曾集結了眾多險灘與礁石，展現出大自然的鬼斧神工。如今隨著水利工程完工，江面平緩壯闊，遊客可舒適地領略兩岸壁立千仞的雄奇景致，感受峽谷與現代工程交織的震撼。

Xiling Gorge is the longest section of the Three Gorges, famously known for its rugged majesty. Once feared for its treacherous rapids and reefs, it showcases nature's raw power. Today, with calmer waters, visitors can comfortably admire the towering cliffs and the stunning blend of ancient natural canyons with modern engineering wonders.



三峽大壩升船機 / Three Gorges Dam Ship Lift

這是目前世界上規模最大、技術難度最高的升船機，最大提升高度達 113 公尺（約 40 層樓高），總重量可達 1.55 萬噸。「長江探索號」是世界第一艘按此標準打造的游輪，讓乘客無需換乘小船，即可優雅地在甲板或客房陽台親歷這項世界奇觀。

★三峽大壩升船機 (檢修及禁航期間除外)

This is currently the world's largest and most technologically advanced ship lift, capable of lifting a total weight of 15,500 tons to a maximum height of 113 meters (equivalent to 40 stories). The Yangzi Explorer is the first cruise ship in the world built to match these specifications, allowing guests to experience this world wonder directly from the deck or their cabin balcony without the need to transfer to smaller tour boats.

★Three Gorges Dam Ship Lift

(Except during maintenance or navigation bans)

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B 巴東博物館 & 巫峽口/B Badong Museum & Wuxia entrance

巴東博物館濃縮了千年巴渝文化與三峽移民史, 是了解長江人文的重要視窗。緊鄰的巫峽口則是長江大拐彎處, 享有「三峽第一拐」美譽。登上觀景台, 可俯瞰大江東去的壯闊, 並遠眺巫峽幽深起點, 體驗自然造化與深厚歷史交織的震撼感。

Badong Museum encapsulates a thousand years of Bayu culture and Three Gorges migration history. Nearby, the Wuxia Entrance, famous as the "First Bend of the Three Gorges," offers a breathtaking view where the Yangtze turns sharply. From the observation deck, visitors can admire the river's grandeur and the mystical beginning of



A : 雨仙谷(無源洞)/A: Yuxian Valley (Wuyuan Cave)

位於三峽中心地帶的巴東無源洞, 是「巴東古八景」中唯一保存完整的天然文化瑰寶, 享有「三峽之心」美譽。此地匯聚深幽峽谷、茂密森林與清泉石景, 以神祕莫測的溶洞景觀聞名。相傳曾有人持燭入洞卻難尋源頭, 故名「無源」。遊客可換乘小舟緩緩駛入幽深洞穴, 開啟一段探索未知的地底秘境之旅。

Located in the heart of the Three Gorges, Wuyuan Cave is the only perfectly preserved natural treasure among the "Eight Ancient Views of Badong." Known as the "Heart of the Three Gorges," it features mystical karst caves, deep gorges, and lush forests. The name "Wuyuan" (meaning "no source") comes from a legend of explorers who failed to find the water's origin. Visitors can take a small boat into the depths of the cave to explore this mysterious underground world.



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瞿塘峡/Qutang Gorge

瞿塘峡是長江三峽中最短、最窄，卻也最為雄偉險峻的一段。它以「夔門天下雄」著稱，兩岸峭壁千仞，江面狹窄湍急，展現出驚心動魄的自然奇觀，更是人民幣十元紙幣背後的風景所在地。

Qutang Gorge is the shortest and narrowest, yet most majestic and steepest of the Three Gorges. Famous for the "Kui Gate," its sheer cliffs and narrow, rushing waters create a breathtaking natural wonder. It is also the iconic landscape featured on the back of China's 10-yuan banknote.



第3天/Day 3

上午途經 巫峽 瞿塘峽
奉節
岸上遊(三選一):
A 線:白帝城
B 線:瞿塘峽輕徒步
C 線:三峽之巔
餐飲 早、午、晚

Fengjie
Cruise through Wu Gorge and Qutang Gorge.
Shore Excursions (Choose one of three):
Route A: Baidi City (White Emperor City)
Route B: Light Trekking through Qutang Gorge
Route C: Summit of the Three Gorges (Sanjia Zhidian)
Meal breakfast, lunch, dinner



巫峽/Wu Gorge

巫峽以「幽深秀麗」聞名，是長江三峽中最精華的一段。兩岸神女峰等十二峰挺拔峭秀，經常雲霧繚繞，形成著名的「巫山雲雨」景觀，充滿神祕詩意的浪漫色彩。Wu Gorge is renowned for its profound beauty and serene elegance. As the most picturesque section of the Three Gorges, it features the stunning Goddess Peak. The frequent mists create the legendary "Cloud and Rain of Wushan," filled with mystical charm.

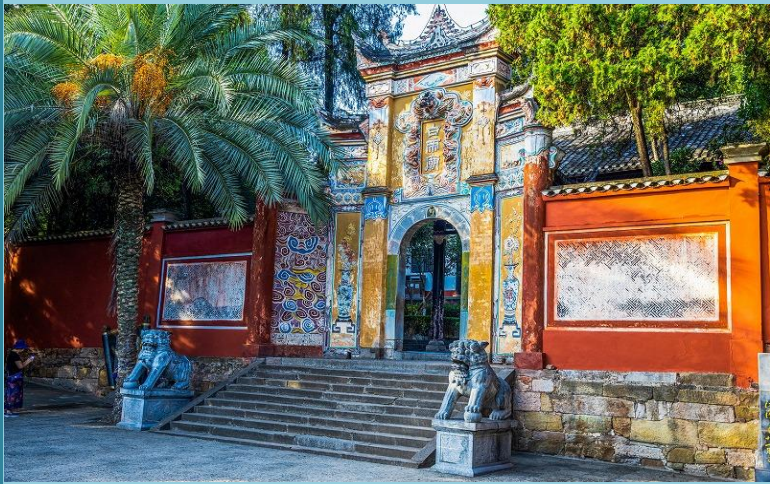
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A 白帝城/A Baidi City

白帝城座落於瞿塘峽口的長江北岸，是長江三峽的門戶與核心地標。這裡因漢代「白帝」傳說而得名，更因劉備「託孤」的歷史典故及無數文人騷客在此留下千古名篇，而被譽為「詩城」。登上古城，可俯瞰驚心動魄的夔門盛景，感受自然與人文交織的深厚底蘊

Perched on the northern bank of the Yangtze at the entrance of Qutang Gorge, Baidi City is a legendary landmark of the Three Gorges. Named after the "White Emperor" legend, it is renowned for the historical event of Liu Bei's regency and celebrated as the "City of Poetry" for its vast literary heritage. Visitors can enjoy a panoramic view of the magnificent Kuimen Gate, where history meets natural grandeur.



B 瞿塘峽輕徒步/B Light Trekking through Qutang Gorge

這是一條略帶挑戰但又充滿詩意的輕徒步線路。沿著赤甲山的山脊一路拾級而上，步入拾元人民幣背面的圖畫之中，沿著通往三峽之巔的詩意棧道，徒步深入瞿塘峽。一側是直插入江的絕壁，一側是奔流的江水，對岸則是歷代名士留下的摩崖石刻。

This is a poetic light-trekking route that offers a mild challenge. Ascend along the ridge of Chijia Mountain and step right into the landscape featured on the back of the 10-yuan banknote. Following the "Poetic Plank Road" toward the Summit of the Three Gorges, you will venture deep into Qutang Gorge. On one side stand sheer cliffs plunging into the river, on the other flows the surging Yangtze, while the opposite bank is adorned with cliff inscriptions left by famous scholars throughout history..



C 三峽之巔/C Summit of the Three Gorges



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『三峽之巔』位於海拔 1388 米的赤甲山頂，杜甫有詩云“赤甲白鹽俱刺天，閭閻繚繞接山巔”即是描寫此處。這裡是長江三峽的最高處，長江如同玉帶蜿蜒飄動在眼前。踏上玻璃棧道，俯瞰瞿塘峽全貌，西望白帝城，東眺巫山，親身感受杜甫詩中所寫的“無邊落木蕭蕭下，不盡長江滾滾來”的雄渾壯闊。

Summit of the Three Gorges (Sanjia Zhidian)

Located atop Chijia Mountain at an altitude of 1,388 meters, this spot is precisely what the poet Du Fu described in his lines: Chijia and Baiyan peaks both pierce the sky, where winding hamlets reach the mountain crests. As the highest point of the Yangtze River's Three Gorges, it offers a view of the river winding before you like a jade ribbon. Step onto the glass skywalk to take in the panoramic beauty of Qutang Gorge—looking west toward Baidi City and east toward Wushan Mountain. Here, you can personally experience the magnificent grandeur immortalized in Du Fu's famous verse: The boundless forest sheds its leaves that rustle down; the unending Yangtze rolls its surging waves along.



第4天/Day 4

忠縣

岸上遊(三選一)

A 線: 石寶寨

B 線: 西沱古鎮

C 線: 皇華島

餐飲 早 午 晚

Zhong County

Shore excursion (Choose one of three)

Route A: Shibaozhai (The "Precious Stone Fortress")

Route B: Xituo Ancient Town

Route C: Huanghua Island

Meals: Breakfast, Lunch, and Dinner



A 石寶寨/A Shibaozhai

石寶寨位於重慶忠縣長江北岸，是一座依山聳立、造型奇特的木結構建築。其主體是一座高約 50 米、共 12 層的紅漆木塔，完全依附絕壁而建，被譽為「世界八大奇異建築」之一及「長江盆景」。隨着三峽工程完工，它已成為一座神奇的水中盆景，展現了古代工匠精湛的建築智慧。

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Located on the northern bank of the Yangtze in Zhong County, Shibaozhai is a unique wooden architectural marvel built against a sheer riverside cliff. Its centerpiece is a 12-story, 50-meter-high red pavilion, renowned as one of the "World's Eight Strange Structures" and the "Bonsai of the Yangtze." Following the Three Gorges Project, it now stands as a stunning "water bonsai," showcasing the extraordinary ingenuity of ancient Chinese craftsmen.



B 西陀古鎮/ B Xituo Ancient town

西陀古鎮位於重慶石柱縣長江南岸，是古時「鹽茶古道」的重要起點。鎮內最著名的「雲梯街」依山而建，由江邊直上山頂，因其垂直高度落差極大而被譽為「萬里長江第一街」。古鎮完整保留了明清風格的吊腳樓建築與青石板路，漫步其中，能深切感受巴渝古鎮的寧靜歲月與深厚的商貿歷史底蘊。

Situated on the southern bank of the Yangtze in Shizhu County, Xituo is a historic gateway of the ancient "Salt and Tea Route." Its iconic "Cloud Ladder Street" climbs steeply from the riverbank to the mountain crest, earning it the title "The First Street of the Yangtze." Featuring well-preserved Ming and Qing dynasty stilt houses and flagstone paths, the town offers a serene glimpse into authentic Bayu culture and centuries of bustling trade history.

C 皇華島/Huanghua Island



皇華島位於重慶忠縣長江中心，是一座承載著深厚歷史的「江中孤島」。南宋時期，這裡曾是守衛重慶的重要軍事堡壘，至今仍保留著完整的古城牆與軍事遺跡。隨著長江水位上升，皇華島化身為一座濕地公園，兼具歷史考古與生態保護價值。島上草木豐茂，白鷺成群，展現了古戰場遺跡與自然生態和諧共生的獨特之美。

Situated in the middle of the Yangtze River in Zhong County, Huanghua Island is a "solitary isle" steeped in history. During the Southern Song Dynasty, it served as a critical military fortress guarding Chongqing, and its ancient city walls and military ruins remain well-preserved today. Now transformed into a National Wetland Park, the island blends archaeological significance with ecological beauty, featuring lush vegetation and flocks of egrets—a serene sanctuary where ancient battlefields meet vibrant nature.

第5天/Day 5

重慶

離船 重慶機場/火車站送機/車站 (行程完結)

Chongqing

Disembarkation | Transfer to Chongqing Airport /

Railway Station (end of itinerary)